

Refuse To Be A Victim.®

Experts agree that the single most important step towards ensuring your personal safety is making the decision to refuse to be a victim. That means you must have an overall personal safety strategy in place before you need it.

*Through this four-hour seminar called **Refuse To Be A Victim®**, you can learn the personal safety tips and techniques you need to avoid dangerous situations and avoid becoming a victim. Find more information at: <https://www.nrahq.org/rtbav/>*

Each participant receives an 80 page student handbook and a certificate of completion. The seminars are presented by NRA-certified **Refuse To Be A Victim®** instructors from the El Paso County Sheriff's Office. In just four hours, you will learn how to develop your own personal safety strategy, including:

- The psychology of the criminal predator
- Personal and technological security
- Home, vehicle, and travel security
- Use of personal safety devices, and more!

This seminar is **FREE** and open to the public. Class size is limited to 20 students over 18 years of age and **you must be pre-registered to attend**. Register online at <http://www.nrainstructors.org/searchcourse.aspx> or contact Merody Broom via email at Neighborhoodwatch@elpasoco.com or phone 719-520-7151.

